

Mountrath Ballyfin

Online Newsletter

24th March 2024 Palm (Passion) Sunday

Holy Week An Seachtain Mór Ballyfin

Palm Sunday of the Lord's Passion

Sat. 23rd Mch. 8.00 pm Vigil Mass of Palm Sunday.

Sun. 24th Mch 10.00 am Palm Sunday.

Blessing and Distribution of "Palms" at both Masses

Tues. 26th Mch. Penitential Service Ballyfin 8.00 pm

Thurs. 28th Mch. Holy Thursday

7.30 pm Mass of the Lord's Supper

Renewal of Commitment of Ministers of Holy Communion

Exposition of the Blessed Sacrament after Mass 'till 9.30 pm

Trócaire Boxes can be returned this evening

Fri. 29th Mch. - Good Friday

10.00 am Outdoor Stations of the Cross

(Hollow Church to Roskelton Church)

3.00 pm Solemn Liturgy of the Passion

7.30 pm Stations of the Cross

Sat. 30th March Holy Saturday

Individual Confessions - 11.00 am

8.00 pm Vigil of Easter

Sun. 31st March Easter Sunday

10.00 am Mass of the Resurrection

Renewal of Baptismal Promises during both Masses

Holy Week An Seachtain Mór Mountrath

Palm Sunday of the Lord's Passion

Sat. 23rd Mch. 7.00 pm Vigil Mass of Palm Sunday

Sun. 24th Mch. 9.00 am - The Hollow Ch. Palm Sunday

11.30 am Palm Sunday of the Lord's Passion.

Blessing and Distribution of "Palms" at all Masses

Tues. 26th Mch. Mass at 10.00 am

Penitential Service Mountrath 7.00 pm

Wed. 27th Mch. Mass at 10.00 am

Thurs. 28th Mch. Holy Thursday

7.30 pm Mass of the Lord's Supper

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Sat. 30th March Holy Saturday

Individual Confessions 10.30 am - 11.00 am

8.00 pm Easter Vigil Mass

Renewal of Baptismal Promises during both Masses

Sun. 31st March Easter Sunday

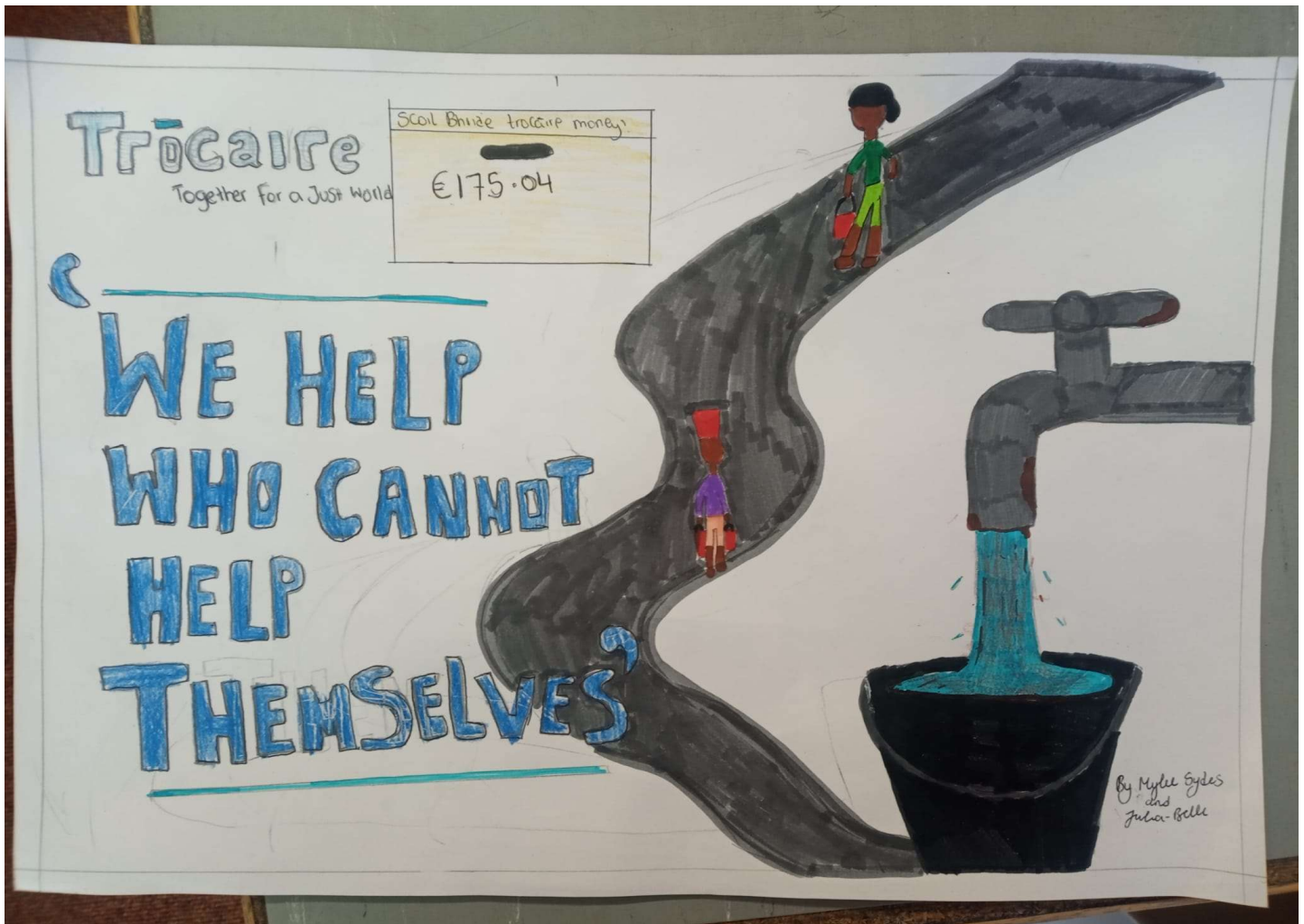
9.00 am The Hollow Ch. Morning Mass of Easter Sun.

11.30 am Mass of Easter Sunday of the Lord's Resurrection

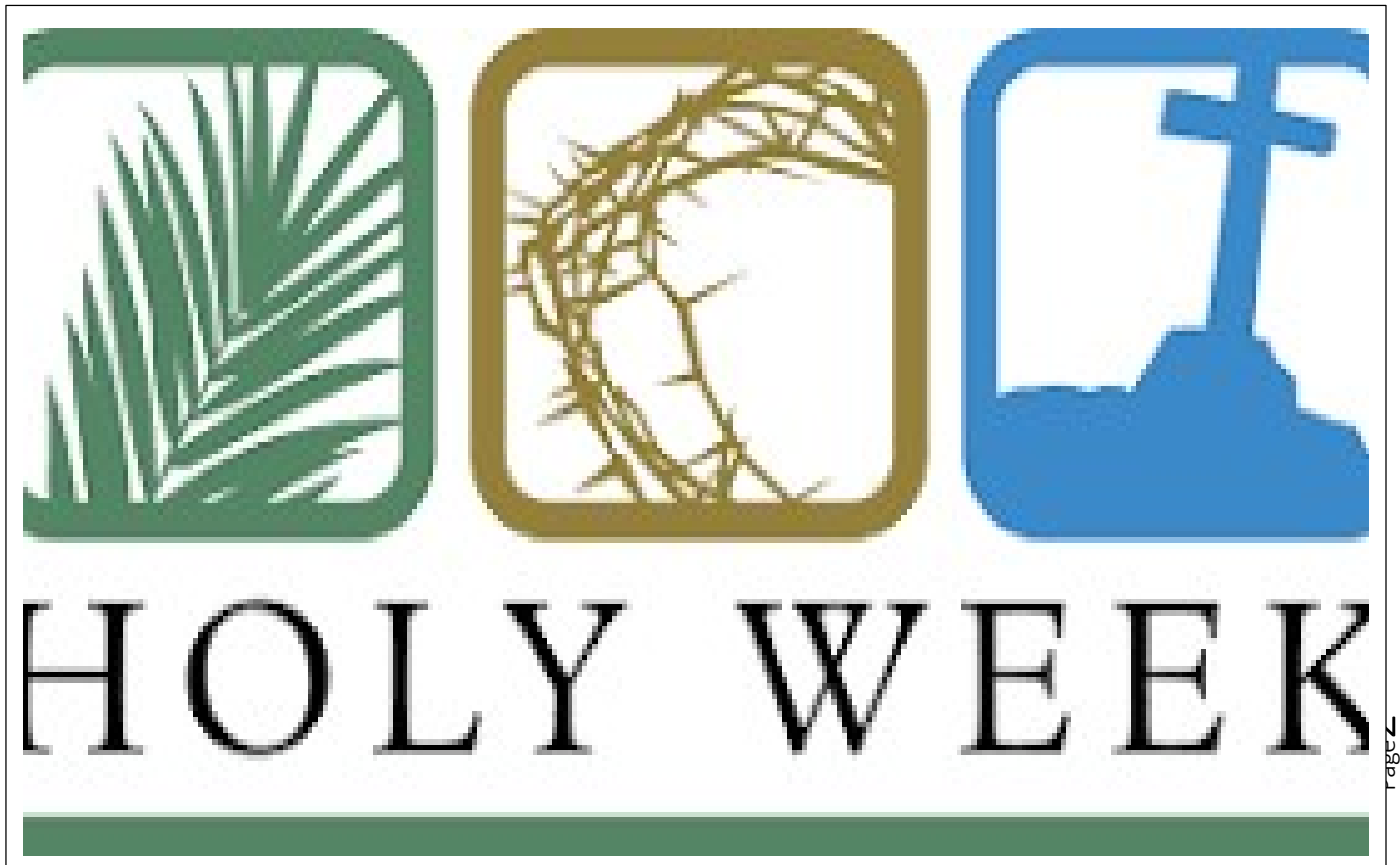
Renewal of Baptismal Promises at both Masses

News from around the Diocese

Pages 65 - 68



Trócaire Poster designed by Julia and Mylee of 6th Class, Scoil Bhríde, Mountrath





A Unique Opportunity

to train to Level 8 (RoI)/Level 6 (UK) as a

Specialist Couple Therapist

Accord CLG is recruiting experienced practitioners to train in the specialism of Couple Therapy.

Successful applicants will follow a 16 day Certificate programme which will provide: the clinical skills essential to couples work; in depth knowledge relating to the handling of **Infidelity, Trauma, Addiction, Neurodiversity, Physical & Mental Illness & Disability, Sex and Intimacy, Stepfamily Dynamics, Diversity, Parenting Issues, the Impacts of Family of Origin,** and **Domestic Abuse** in the couple context; self awareness exercises specific to the needs of the couple and relationship therapist

Course fees paid and placement provided by Accord CLG

Interested? Do you have:

- Level 5 (UK)/Level 7 (RoI) qualification in Counselling/ Psychotherapy?
- Substantial experience of working in the Person-Centred style?
- 100 client counselling hours post-graduation?
- A current supervised caseload?

If you can answer **yes** to **all four** questions above, please contact us for further information about this unique Couple Therapy training package.

info@accord.ie

Final date for receipt of applications 03/05/2024

Have you got your **GOLDEN TICKET?**



Limited places- Booking only with Antoinette on 0860803047

(9:15am-1:30pm & 7:00pm-9:00pm)

Cinema Night

in aid of Radio Maria.

Showing the classic film: The Song for Bernadette

Date: Tuesday 16th April (St. Bernadette's Feast Day)

Venue: Balcony Cinema Mountmellick

Eircode:R23WP68

Cost: €10

Doors open at 8:00 pm

Limited places- Booking only with Antoinette

on 0860803047

(Between 9:15am-1:30pm & 7:00pm-9:00pm)

Mountrath Ballyfin Parish News 24th March '24

St. Fintan's Parish, Mountrath – Ballyfin

Palm – (Passion) Sunday

Outdoor Stations of the Cross

Each Good Friday we alternate our interfaith outdoor Stations of the Cross and this year we commence at Church of the Sacred Heart, The Hollow and conclude at St. Matthew's Church, Roskelton. - We will be leaving the Hollow Church at 10.00 am
You are most welcome to join us for all or part of this way of the Cross on Good Friday.



Message from Safeguarding Office

Reminder re. Inter-Parish Safeguarding Meetings (Message from Ailish Higgins)

These meetings will involve a Q&A style session where people can discuss and get support with safeguarding practices in their local parish i.e. paperwork, risk assessments, youth participation etc and last approx. one hour.

I would greatly appreciate if you could get back to me (safeguarding@kandle.ie) with confirmation of your attendance, naming which venue suits you best, so that I can confirm numbers ahead of time. If you are unable to attend a meeting in your own pastoral area, please feel free to attend another meeting from the schedule.

Details of the remaining dates – times - venues below.

Thurs. 21st March 7.30pm – Cathedral Parish Centre,
(Carlow)

Wed. 10th April 7.30pm – Killeigh Parochial House, Killeigh

Thurs. 18th April 7.30pm – Portlaoise Parish Centre,

Wed. 24th April 7.30pm – Leighlinbridge Parish Centre,

Thursday 25th April 7.30pm – Tullow Parish Centre,

Laois Litter Clean Up Week

Ballyfin Community Alert have registered to take part in Clean Up Week. Contact Sheila on 086 1570145 for bags, gloves and pickers. Please note the new location for bags of litter is in the yard at the back of the Deadmans Inn.

Ballyfin Community Alert Seniors Alert Scheme

Grant aided personal 24/7 personal monitored alarms help people aged 65 and over to live securely in their homes with peace of mind. If you know a family member, friend or neighbour in Ballyfin or Laois area who may qualify please contact Sheila on 086 1570145 for information/application form.

Arranging Anniversary Mass or Month's Mind Mass

The traditional way of arranging an Anniversary Mass remembrance was by visiting the Sacristy before or after Mass and making the necessary arrangement with the priest, who wrote the intention into the Anniversaries Diary, there and then.

However, since Covid this practice has changed.

Arrangements for Anniversary Mass remembrances and Month's Mind Masses are, more often than not, now arranged by email, text message, whatsapp, by phone, among many other ways. Which is great.

On the down-side, it can be quiet difficult to keep track of all these ways. - Sometimes emails can go to folders on the computer other than the main folder and are not seen straight away. The same can apply to text messages and Whatsapp. messages. This can cause a problem when I have no knowledge of these emails / messages coming in and are sometimes not detected at the time.

Can I ask you -

if you send me an email, text message or a message on Whatsapp, or any way, other than visiting the Sacristy, requesting an Anniversary Mass remembrance or arrangements for a Month's Mind Mass and don't hear from me or don't see the relevant name / names in the Newsletter,
please give me a call on 087 241 1594

Josephine (Mary Jo) Grehan (née Higginbotham)

Derrylusk - Wexford R.I.P.

We pray for Josephine (Mary Jo) who died peacefully on Sun. 17th March, at Regional Hosp., Portlaoise. Josephine's Funeral Mass was celebrated in St. Fintan's Church, Mountrath on Thurs. 21st March followed by burial in Mountrath Cemetery. We extend sympathy to Patrick, Michael, Martin, Noel, Jimmy, Tony, Margaret, Mary, Lisa, Tina and their families, grandchildren, great-grandchildren, extended family, relatives, neighbours and friends.

May Josephine (Mary Jo) rest in the peace of Christ.

Ballyfin Vintage and Veteran Club, Auto-Jumble

Sunday 14th. April 2024, from 8:00am.

Community Hall, Ballyfin, County Laois.

Strictly vintage, veteran & artisanal related stalls & traders.

Pre-registration and approval for stalls required.

Proceeds in support of local charities

For queries or information on the Ballyfin Vintage & Veteran Club,
please message, text or call 0863101822.

Director of Parish Development

This position is now being advertised, with a deadline of 25 March. Job description and information on how to apply can be found on www.kandle.ie.

A very sincere thank you - to you and your family - for your very generous support of and continued commitment to Mountrath and Ballyfin Parish and Mountrath and Ballyfin Lotto

See our Parish App. Mountrath Ballyfin Parishes

Ceremony of Confirmation Fri. 26h April

Ceremony in Mountrath Church 11.00 am

Ceremony in Ballyfin Church 2.30 pm

Bishop Denis will lead us in both Ceremonies

1st Holy Communion Days

Sun. 19th May 2.00 pm Sun. 26th May 2.00 pm

Fr. Liam Lawton's New Mass "Mass of St. Brigid"

Will be sung at the Chrism Mass this year (Cathedral, Mon. 25th March)

Rehearsals for Chrism Mass Will be on the following dates Sts. Peter and Paul Church,
Portlaoise Mon. 11th March - 8.00 pm Carlow Cathedral Thurs. 14th March 8.15 pm

*Please let Christine in FDS know if you plan to attend and indicate which venue, by phoning
059-9164084 or emailing fds@kandle.ie.*

We Hold and Keep in our Thoughts and Prayers

People, their families and carers, who are ill or unwell – at home, in hospital or
Nursing Home or undergoing any surgical or medical procedures. -

We wish them a speedy recovery

A very sincere thank you - to you and your family - for your very generous support of
and continued commitment to Mountrath and Ballyfin Parish and Mountrath and
Ballyfin Lotto

See our Parish App. Mountrath Ballyfin Parishes

Safeguarding Children Parish Reps.

Ballyfin Parish Triona O'Rourke and Peter Byrne

Mountrath Parish Caroline Moore and Pachelli Walsh

Diocesan Designated Liaison Person: Ms. Ailish Higgins.

Deputy Diocesan Liaison Person: Ms Michelle Hughes,

c/o Bishop's House, Dublin Rd, Carlow Ph: 085 802 163



Diocese of Kildare and Leighlin

We Are Hiring

Director of Parish Development

Closing date 25 March 2024

www.kandle.ie



KANDLE
KILDARE AND LEIGHLIN DIOCESE

Ballyfin Anniversaries

Mass Times Anniversaries

Fri. 22nd - Sun. 31st Mch. - Easter Ceremonies 2024

Next week is Holy Week - An Seachtain Mór

Fri. 22nd Mch. 5.00 pm Exposition of the Blessed Sacrament.

Palm Sunday of the Lord's Passion

Sat. 23rd Mch. 8.00 pm Vigil Mass - Palm (Passion) Sunday.

Sun. 24th Mch 10.00 am Palm (Passion) Sunday.

Joe Conroy, Wicklow Town (Formerly Ballylusk) Month's Mind

Alan Price, Templeogue. 6th Anniv.

Mon. 25th Mch. 7.00 pm Apostolate of Sanctification.

Tues. 26th Mch. Penitential Services Mountrath 7.00 pm Ballyfin 8.00 pm

Thurs. 28th Mch. Holy Thursday

7.30 pm Mass of the Lord's Supper

Renewal of Commitment of our Ministers of Holy Communion Exposition of the Blessed Sacrament after Mass

- 'till 9.30 pm Trócaire Boxes can be returned this evening

Fri. 29th Mch. - Good Friday

10.00 am Outdoor Stations of the Cross (Hollow Church to Roskelton Church)

3.00 pm Solemn Liturgy of the Passion

7.30 pm Stations of the Cross

Sat. 30th March Holy Saturday

8.00 pm Vigil of Easter

Sun. 31st March Easter Sunday

10.00 am Mass of the Resurrection

Mon. 1st April 7.00 pm Apostolate of Sanctification.

*Lord, for your faithful
people,
life is changed,
not ended*

Mountrath Anniversaries

Mass Times Anniversaries Sat. 23rd - Sun. 31st Mch.

Sat. 23rd Mch. 7.00 pm Michael and Christina Tobin
and their daughter, Kathleen Delaney, St. Fintan's Tce.,
Sun. 24th Mch. 9.00 am - **The Hollow Ch.** Palm (Passion) Sunday
11.30 am Palm Sunday of the Lord's Passion.

Tues. 26th Mch. 10.00 am Mary McSpadden, Redcastle.

Penitential Services Mountrath 7.00 pm Ballyfin 8.00 pm

Wed. 27th Mch. 10.00 am Altar List of the Dead.

Thurs. 28th Mch. Holy Thursday

7.30 pm Mass of the Lord's Supper

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Sat. 30th March Holy Saturday

Individual Confessions 10.30 am - 11.00 am

8.00 pm Easter Vigil Thomas, Josephine and Fr. John Fitzpatrick
and deceased members of Fitzpatrick Family, Deerpark.

Sun. 31st March Easter Sunday

9.00 am The Hollow Ch. Morning Mass of Easter Sunday

11.30 am Mass of Easter Sunday of the Lord's Resurrection

Jack Sinnott, New Line Close 10th Anniv

Paddy Sinnott, New Line Close 12th Anniv.

Month's Mind Mass

Sat. 6th April 7.00 pm Phil Ryan (Nee Connolly) Patrick St.,

1st Anniversary Mass

Sat. 6th April 7.00 pm Peg Maguire (Nee Patterson) New Line Rd.,

"Do This in Memory" Programme

6. Sat. 13th Apr. Mountrath Church 7.00 pm

Sun. 14th Apr. . Ballyfin Church 10.00 am

7. Sat. 4th May Mountrath Church 7.00 pm

Sun. 5th May Ballyfin Church 10.00 am

Dates for Celebration of 1st Holy Communion

Sun. 5th May The Hollow Church 9.00 am

With Children of Gaelscoil Thromaire

Sun. 26th May Mountrath Church - 11.30 am

With Children of all Mountrath Schools -- Note Change of Date

Sun. 19th May Ballyfin Church 2.00 pm

With children of Ballyfin National School

Sun. 26th May Ballyfin Church 2.00 pm With Children of Barnashrone National School

Mountrath Parish Lotto

21st March

Nos. Drawn 9 21 24 31

1 Jackpot Winner of €17,000 (Portlaoise Parish)

7 Match 3 Winners Rec. €143 each

New Jackpot €10,000



A very sincere thank you - for your very generous support of and continued commitment to Mountrath Parish Lotto throughout the year.

Ballyfin Parish Lotto

20th Mch.

Nos. Drawn 7 13 18 31

No Jackpot Winner

13 Match 3 Winners Rec. €77 ea.

1 Local Winner - Sheila Bennett

Promoter, Kathleen Dunne

Next Week's Jackpot €11,000

A very sincere thank you
for your very generous support of
and continued commitment to
Mountrath and Ballyfin Parish Lottos



Next Week's



Ballyfin € 11,000

Mountrath € 10,000

Ballyfin Community Alert Seniors Alert Scheme

As darker evenings are upon us please be aware that grant aided personal 24/7 monitored alarms are available to people aged 65 and over. If you know a family member, friend or neighbour in Ballyfin or Laois area who may qualify please contact Sheila on 086 157 0145 for information or for application form

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Thursday 25th April 7.30pm – Tullow Parish Centre,

A Note from Edel Moloney, Supervisor, Mountrath CE Scheme

We have the following upcoming vacancies :

Caretaker - MYT - Mountrath CES 2308848

Caretaker - GAA - CES 2301698

Env Worker - Mountrath Town - CES 2254234

Env Worker - Castletown Village - CES 2268516

Shop Assistant - Vincents Mountrath - CES 2315874

Hours 19.5 hours per week.

Application Details:

Eligibility to participate on CE is generally linked to people who are 21 years or over and in receipt of a qualifying social welfare payment for 1 yr. or more or 18 years and over for certain disadvantaged groups. Eligibility will have to be verified by the Department.

You can register your interest by selection "Register your interest" on JobsIreland.ie, or you can contact a case officer in your local Intreo Centre quoting the relevant reference number above.

You can also call into our office on Patrick St, Mountrath or

email mrtacpecoltd@gmail.com

Brazilian Jiu-Jitsu/BJJ in Mountrath



Thinking about learning self-defence and the Art of Jiu-Jitsu? A sport that suits all ages from 8 years.

- *mobility improvement
- *improve full body strength
- *better cardio
- *helps weight loss
- *improves flexibility



Wednesdays

Kids 7-8 pm

Teens /Adults 8-9 pm

Saturdays

Kids 10- 11 am

Teens /Adults 11 am -12 pm

€5 per class for under 18's

€7 per class for Adults

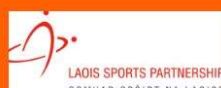
or included in Monthly Membership

8 yrs- 18 €35 per month

Adults €45 per month

Bring a Friend for Free in March

contact Jamie 085 200 2497





Zumba



Tuesdays 7.30 pm

St Philomena's Hall, Bloomhq, Mountrath R32 DC58

Bookings www.fitandjoy.ie

for more information contact Joanna on 0894653938



Meeting Room

"Rachel's Room"

Brigidine Convent,
Patrick Street,
Mountrath

- Broadband Wifi
- Ample free parking
- Canteen

Contact
manager@bloomhq.ie
089 2722885



Karate

Mondays & Thursdays 7 pm

€6 per class

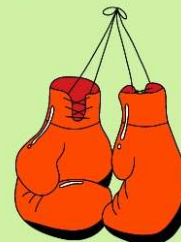
Sensei Donal: 087 760 7063

Kickboxing

First trial class free

Fridays 7.30-8.30 pm €7

Shane: 086 339 9287



Brazilian

Jiu-jitsu*

Wednesdays 8-9 pm & Saturdays 11-12 am

€ 35 per month or €5 per class

Jamie; 085 200 2497

Violin



Thursdays 3.30 pm on.

€20 for 30 min individual lesson

Irene: 089 981 8065



Trad Music

Saturdays from 11 am,

€8 for 30 mins group classes

Eabha 083 8566083



Piano

Sunday mornings

20 for 30 min individual lesson

Heather 083 054 7772

to book talk to the relevant teacher



Karate

Mondays & Thursdays 7 pm
from 6 years up, €6 per class
Sensei Donal: 087 760 7063

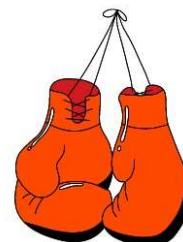
Fridays 5.30 pm 3-7 years, €7

Kickboxing

6.30 pm 8-12 years, €7

First trial class free

Shane: 086 339 9287



Brazilian 8-12 years,
Wednesdays 7-8 pm & Saturdays 10-11 am
Jiu-jitsu* € 35 per month or €5 per class
Jamie; 085 200 2497



Art & Craft

Wednesdays 5-6 pm, 7-12 years
€ 30 for block of 6 classes
Rhiannon: 089 211 5183

Violin

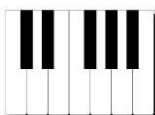


Thursdays 3.30 pm on. From 3 years - adult
€20 for 30 min individual lesson
Irene: 089 981 8065



Trad Music

Saturdays from 11 am, 6+ years
€8 for 30 mins group classes
Eabha 083 8566083



Piano

Sunday mornings €20 for 30 min individual
lesson Heather 083 054 7772

to book talk to the relevant teacher

March-April 2023

TIMETABLE

**PAYG
and
Members
Always
Welcome**

*These
classes are
not included
in
membership
fee

Monday

11 am Mature Movers
7 pm Mixed Circuit Training
7 pm Karate*
7 pm Yoga*

Tuesday

10 am Beginner TRX
11 am Bowls Inc.
1.15 pm Lunchtime Hitt
7.30 pm Zumba *

Wednesday

11 am Mature Movers
5 pm Art & Craft *
7 pm Mixed Circuit Training
7-8 pm BJJ (8-12)
8-9 pm BJJ (13+)

Thursday

10 am Beginner TRX
11 am Activator Poles Inc.
1.15 pm Lunchtime Hitt
7 pm Karate*
8 pm Bowls*

Friday

5.30 pm Kickboxing (3-7)*
6.30 pm Kickboxing (8-12)*
7.30 pm Kickboxing (13+)*

Saturday

9 am Circuit Training
10-11 am BJJ (8-12)
11 am BJJ (13+)



MOUNTRATH
Martial Arts & Fitness Academy



SPÓRT ÉIREANN
SPORT IRELAND

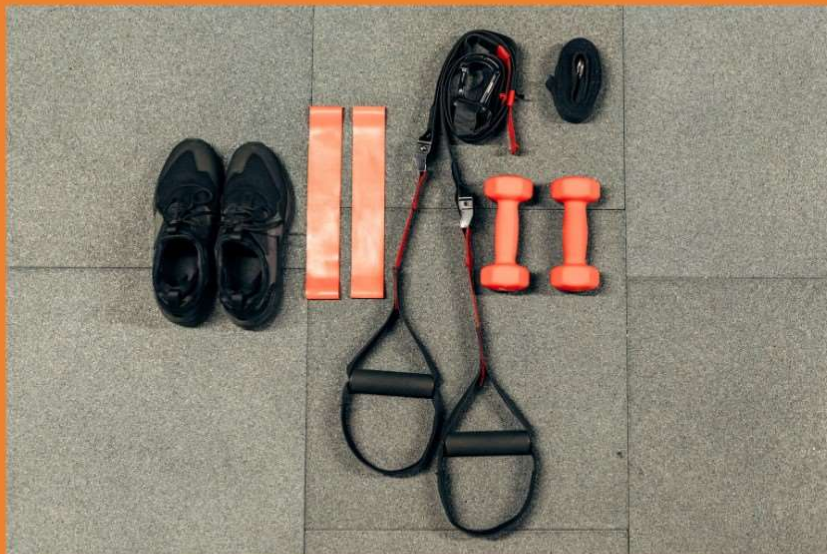


LAOIS SPORTS PARTNERSHIP
COMHAR SPÓIRT NA LAOISE



ciste na
gcuntas díomhaoin
the dormant
accounts fund

Mature Movers



Strength
Flexibility **50 + gym classes**
Balance

a bit of Endurance
& Lots of Fun

6 weeks starting Wed 6th March

Mondays & Wednesdays 11 am

45 min classes in Mountrath

€60 for 6 Weeks

Contact Ruth 086 3262570





Lots to do here in Mountrath

**Mature Movers, Circuit
Training, Karate,
Yoga,
TRX, Bowls, HIIT, Zumba,
Brazilian Jiu-Jitsu,
Activator Poles & Kickboxing**

Women in Sport Week

Monday 4th - Sunday 10th March





Zumba



Tuesdays 7.30 pm

St Philomena's Hall, Bloomhq, Mountrath R32 DC58

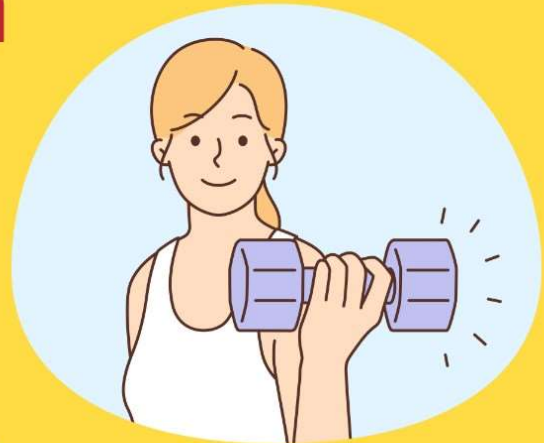
Bookings www.fitandjoy.ie

for more information contact Joanna on 0894653938

Saturday Morning Circuit Training



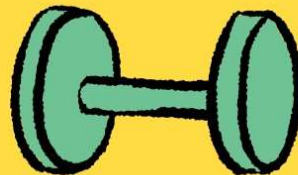
9-10 am



€ 7 PAYG

or

part of your monthly
membership



contact 086 3262 570

**The Old Convent,
Patrick St,
Mountrath, R32 DC58**



Mountrath Music Rooms

Lessons in BloomHQ



Violin Lessons

by Irene Ramos

089 9818065

iramos.violinstudio@gmail.com

Thursdays

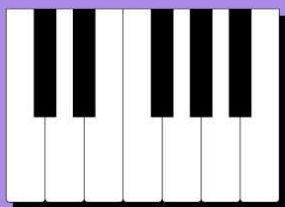


Irish Traditional Music, Whistle,
Flute, Concertina, Accordion, Fiddle,
Banjo and Mandolin

Cliona & Eabha Dowling McDonald

083 8566083

Saturdays



Piano Lessons

by Heather Gavigan 083 054 7772

Sundays



Contact the relevant teacher
for times, prices etc

Brazilian Jiu-Jitsu/BJJ in Mountrath



Thinking about learning self-defence and the Art of Jiu-Jitsu? A sport that suits all ages from 8 years.

- *mobility improvement
- *improve full body strength
- *better cardio
- *helps weight loss
- *improves flexibility

8 yrs- 18 €35 per month
Adults €45 per month

€5 per class for under 18's
€7 per class for Adults
or included in Monthly Membership

Wednesdays

Kids 7-8 pm

Teens /Adults 8-9 pm

Saturdays

Kids 10- 11 am

Teens /Adults 11 am -12 pm

contact Jamie 085 200 2497





1 - 2 person offices for rent in our Social Enterprise centre in Mountrath



Contact 0892722885 manager@bloomhq.ie

Arts & Craft Classes



Second block of

6 week program

starting 28th February

at the later time of

Wednesdays 6-7 pm



7-12 year olds

*life drawing

*painting

*clay

*print making

*textile art

6 weeks € 30 only 12 places



contact Rhiannon 089 211 5183

Brigidine Convent,
Patrick St,
Mountrath R32 DT9F



Piano Classes Available

Starting **Sunday April 7th**

BloomHQ Mountrath

Contact Heather

083 054 7772



Mountrath Music Rooms

Lessons in BloomHQ



Violin Lessons

by Irene Ramos

089 9818065

iramos.violinstudio@gmail.com

Thursdays



Irish Traditional Music, Whistle,
Flute, Concertina, Accordion, Fiddle,
Banjo and Mandolin

Cliona & Eabha Dowling McDonald

083 8566083

Saturdays



Piano Lessons

by Heather Gavigan 083 054 7772

Sundays



Contact the relevant teacher
for times, prices etc



Mountrath Music Rooms



**Contact 089 272 2885
or 057 930 0036**

***Soundproof rooms**

***From € 15 per hour**

***Perfect for music lessons, counselling or grinds**

***free easy car park**

***Waiting space**

Brigidine Convent,
Patrick St,
Mountrath R32 DT9F



UNISLIM

Join Today!

Bloom Hq

Wednesdays 7-8pm

Class Talk 8pm

New members
always welcome!

9 stone
weight
loss



Mairéad McCaul
Unislim Member



Join Unislim for €25
Pay €12 weekly fee thereafter
For more info visit unislim.com



unislim.com | 1800 603020

Arts & Craft Classes



Second block of

6 week program
starting 28th February

at the later time of

Wednesdays 6-7 pm



7-12 year olds

6 weeks € 30
only 12 places

- *life drawing**
- *painting**
- *clay**
- *print making**
- *textile art**



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Brigidine Convent,
Patrick St,
Mountrath R32 DT9F



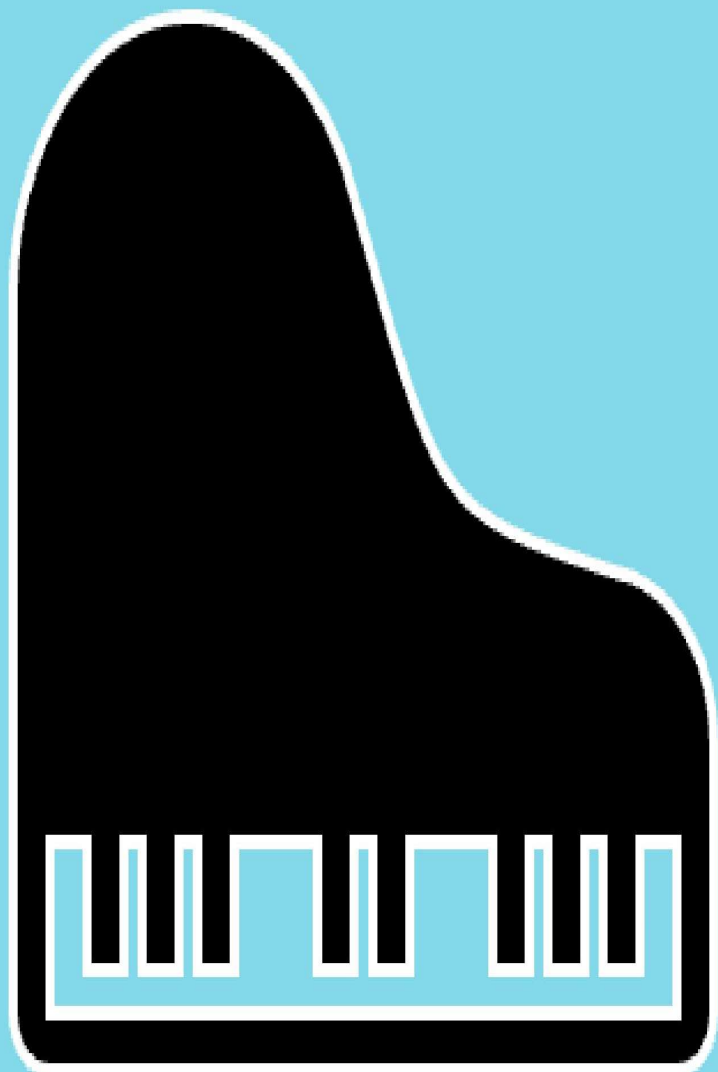
Piano Classes Available

Starting Sunday April 7th

Bloom HQ, Mountrath

Contact Heather,

0830547772



Arts & Craft Classes



**6 week program
starting 28th February**



Wednesdays 5-6 pm

7-12 year olds

***life drawing**

***painting**

***clay**

***print making**

***textile art**

**6 weeks € 30
only 12 places**



contact Rhiannon 089 211 5183

Book online at <https://mountrathgym.squarespace.com/memberships/kidsartcraft>

Brigidine Convent,
Patrick St,
Mountrath R32 DT9F



Music Teachers wanted

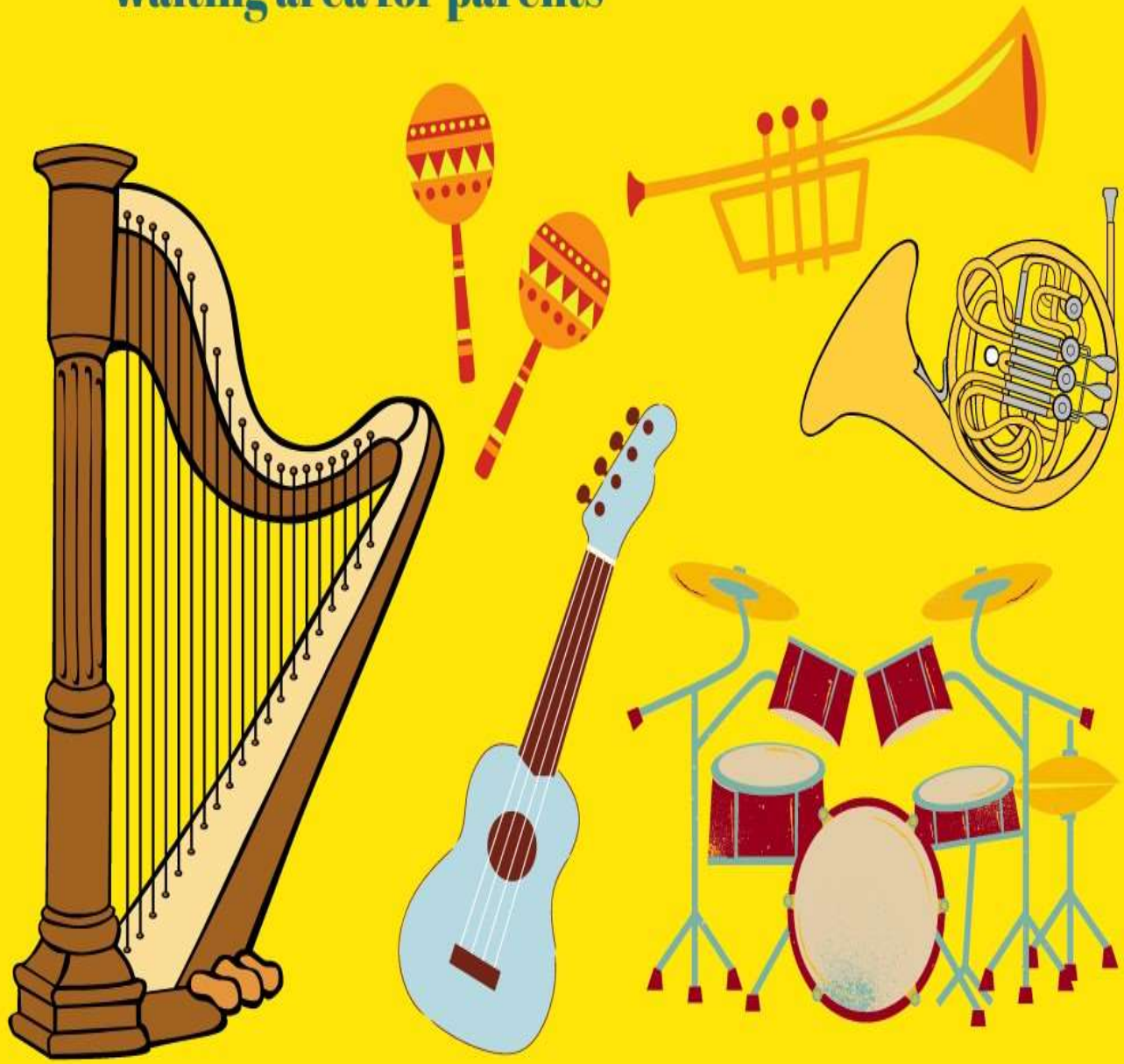


for Mountrath Music School

*soundproof rooms

*free parking

*waiting area for parents



contact Lucy 087 259 7895



Karate

Mondays & Thursdays 7 pm

€6 per class

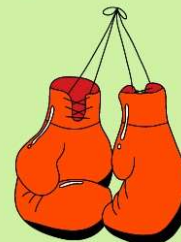
Sensei Donal: 087 760 7063

Kickboxing

First trial class free

Fridays 7.30-8.30 pm €7

Shane: 086 339 9287



Brazilian

Jiu-jitsu*

Wednesdays 8-9 pm & Saturdays 11-12 am

€ 35 per month or €5 per class

Jamie; 085 200 2497

Violin



Thursdays 3.30 pm on.

€20 for 30 min individual lesson

Irene: 089 981 8065



Trad Music

Saturdays from 11 am,

€8 for 30 mins group classes

Eabha 083 8566083



Piano

Sunday mornings

20 for 30 min individual lesson

Heather 083 054 7772

to book talk to the relevant teacher



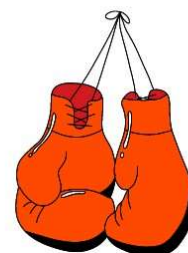
Karate

Mondays & Thursdays 7 pm
from 6 years up, €6 per class
Sensei Donal: 087 760 7063

Kickboxing

Fridays 5.30 pm 3-7 years, €7
6.30 pm 8-12 years, €7
Shane: 086 339 9287

First trial class free



Brazilian

8-12 years,

Wednesdays 7-8 pm & Saturdays 10-11 am

Jiu-jitsu*

€ 35 per month or €5 per class

Jamie; 085 200 2497



Art & Craft

Wednesdays 5-6 pm, 7-12 years
€ 30 for block of 6 classes
Rhiannon: 089 211 5183

Violin



Thursdays 3.30 pm on. From 3 years - adult
€20 for 30 min individual lesson

Irene: 089 981 8065

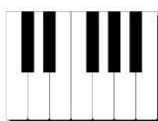


Trad Music

Saturdays from 11 am, 6+ years

€8 for 30 mins group classes

Eabha 083 8566083



Piano

Sunday mornings €20 for 30 min individual
lesson Heather 083 054 7772

to book talk to the relevant teacher

Bowls All Inclusive 11am

Currently

Thursdays to accommodate the School musical

St. Philomena's Hall,
Brigidine Convent,
Patrick Street,
Mountrath

Contact Ruth 086 3262570



Roadcraft Motorcycle Training

Mick Smith is teaching the new
RSA approved Motorcycle Initial Basic Training (IBT)
here in BloomHQ, the old Convent Mountrath.

For more details and to book see:

www.roadcraft.ie

www.facebook.com/roadcraft.ie



Music Teachers wanted



for Mountrath Music School

***soundproof rooms**

***free parking**

***waiting area for parents**



contact Lucy 087 259 7895

Activities suitable for Senior Citizens in Mountrath

Mature Movers 50 +
Mondays & Wednesdays 11 am



Bowls inclusive 11 am Tuesdays
Bowls 8 pm Thursdays

Mountrath Men's Shed
Tuesdays 10 am- 1 pm
Thursdays 2 pm- 4 pm
contact 085 705 3855



Activator Poles Inclusive
Thursdays 11 am

contact Ruth 086 3262 570



“MY WORLD”



PHOTOGRAPHIC EXHIBITION

by Mountrath & District Camera Club

Opening 7pm Friday 2nd February
in the

Gallery of Divine Inspiration

Bloomhq, Mountrath

All Welcome

Photos will be on display for the month



VIOLIN LESSONS

by Irene Ramos

- Discover the joy of music and unlock your creativity
- Weekly individual and ensemble classes for all ages
- From 3-year-olds to adults
- Studio based Mountrath

FULLY QUALIFIED SUZUKI TEACHER & ABRSM DIPLOMA IN MUSIC PERFORMANCE



FOR RATES AND/OR MORE
INFO PLEASE CONTACT ME

Phone: 0773222323

Email: iramos.violinstudio@gmail.com

 Irene Ramos
VIOLIN STUDIO



Hot Desks in Mountrath

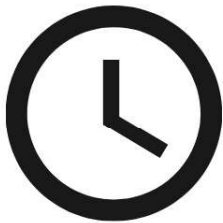
Need somewhere to work for a day with fast broadband?
Free parking, canteen onsite.

Desks from 10 euro per day
Book on <https://connectedhubs.ie>

Mountrath Men's Shed



**Old School on
Patrick Street**



**Tuesdays 10am - 1pm
Thursdays 2pm - 4pm**

Contact 0857053855



**Kindling for sale.
Call in to purchase
on times above**

Mondays & Thursdays 7 - 8 pm



Juniors and Adults



Okinawan Karate



Black Belt Instructors

contact Sensei Donal, 5th dan
087 760 7063

Martial Arts Centre, Old
Convent, Mountrath,
R32 DC58



HIIT LUNCHTIME CLASS

High-Intensity Interval Training

Tuesdays & Thursdays

1.15 pm for 40 mins

5 euro a class

OR

part of your monthly
gym package

Book with Ruth 086 3262 570





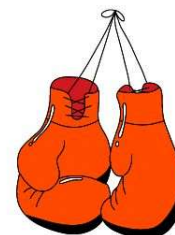
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Kickboxing

First trial class free

Fridays 5.30 pm 3-7 years, €7
6.30 pm 8-12 years , €7
Shane: 086 339 9287



Brazilian Jiu-jitsu*

*starting 14th & 17th Feb
with free trial

8-12 years,
Wednesdays 7-8 pm &
Saturdays 10-11 am
€ 35 per month
Jamie; 085 200 2497



Art & Craft

Wednesdays 5-6 pm , 7-12 years
€ 30 for block of 6 classes
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Thursdays 3.30 pm on. From 3 years - adult
€20 for 30 min individual lesson
Irene: 089 981 8065



Trad Music

Saturdays from 11 am, 6+ years
€8 for 30 min group classes
Eabha 083 8566083



to book talk to the relevant teacher

Brazilian Jiu-Jitsu/BJJ in Mountrath



Thinking about learning self-defence and the Art of Jiu-Jitsu? A sport that suits all ages from 8 years.

- *mobility improvement
- *improve full body strength
- *better cardio
- *helps weight loss
- *improves flexibility

Come join our free trial
Wednesday 14th &
Saturday 17th
February

8 yrs- 18 €35 per month
Adults €45 per month

Wednesdays

Kids 7-8 pm

Teens /Adults 8-9 pm

Saturdays

Kids 10- 11 am

Teens /Adults 11 am -12 pm

contact Jamie 085 200 2497



Brigidine Convent, Patrick St, Mountrath, R32 DC58



Bowls All Inclusive 11am Tuesdays

St. Philomena's Hall,
Brigidine Convent,
Patrick Street,
Mountrath

Contact Ruth 086 3262570





Irish Traditional

MUSIC

LESSONS

Whistle, Flute, Concertina, Accordion,
Fiddle, Banjo and Mandolin



Clióna and Éabha
Dowling McDonald

More Information :
Contact 083
8566083



Music Classes in Mountrath

- **Lessons in BloomHQ**
- **Violin Lessons by
Irene Ramos
0773222323
iramos.violinstudio@
gmail.com**

*Contact the relevant
teacher to arrange
days/times/prices*

- **Irish Traditional
Music, Whistle, Flute,
Concertina,
Accordion, Fiddle,
Banjo and Mandolin
Cliona & Eabha
Dowling McDonald
083 8566083**



School of Music - Mountrath



Please use your recyclable blue token to
vote for us in the Tesco Community Fund.



PIANO TEACHER WANTED



For our new Music Rooms
Contact Lucy 087 259 7895



The Old Convent,
Patrick St,
Mountrath,
R32 DC58



Mountrath Scouts



Looking for a way for your kids to learn new skills and spend time in the great outdoors why not try scouts!

For all ages from beavers to ventures and into leaders !



Scouts is a way to

- Meet new people.
- Learn new skills.
- Spend time outside.
- Make friends for life.

Friday nights

In the brigidine convent (Bloom HQ) Patrick street mountrath
R32 DC58

7:00 till 8:30

€5 pp

or

€4 per sibling



Date for the Diary

The Sacrament of Confirmation will be celebrated in

Mountrath / Ballyfin Parishes on **Fri. 26th April 2024**

The Ceremony in Ballyfin Parish Church will Commence

at 2.30 pm

Bishop Denis will lead us in both our celebrations

Carlow Union of Parishes Lent - Easter Talks 2024 *Living Faith*



1. Thursday 22nd February 7.30pm **"Lent/Easter, The Journey"**
Dean Tom Gordon, Cathedral Church of Saint Laserian's, Leighlin.
2. Wednesday 28th February 7.30pm **"Prayer / Spirituality"**
Rev. Liam Dunne Chaplain, Carlow/Saint Patrick's College.
3. Wednesday 6th March 7.30pm **"The Cross"**
Rev. Katherine Kehoe, Carlow and Kilkenny Methodist Church,
4. Wednesday 13th March 7.30pm **"Triduum / Resurrection"**
Bishop Denis Nulty, Roman Catholic Bishop of Kildare & Leighlin
5. Friday 15th March 7.30pm **"Songs of Prayer, Faith and Praise"**
with the Carlow Community Choir and their Director Mary Amond O' Brien.
6. Wednesday 20th March 7.30pm **"Grief and Loss - A Christian Perspective"**
Rev. Paul Fitzpatrick, in conjunction with the Carlow Mental Health Association.

Saint Mary's Church, Haymarket, Carlow R93YW77

To care for those
who once cared for us
is one of the highest
honors in life.

– Tia Walker



Ballyfin Community Alert Seniors Alert Scheme

Grant aided personal 24/7 personal monitored alarms

help people aged 65 and over to live securely in their homes with peace of mind. If you know a family member, friend or neighbour in Ballyfin or Laois area who may qualify please contact

Sheila on 086 1570145 for
information/application form.

Newsletter Items: - From around the Diocese

- **Director of Parish Development:** This position is now being advertised, with a deadline of 25 March. We ask for your help in advertising this job opportunity locally through parish newsletters and parish website and/or social media platforms, as well as to any groups or people you think it would be of interest to. An image is attached for such promotion as well as a newsletter notice below. Job description and information on how to apply can be found on www.kandle.ie. This is an important appointment and any assistance in letting people know of it would be much appreciated.

- **Mass of St Brigid Open Workshop**

An open workshop with composer Liam Lawton will take place the following dates:

Monday 11th March 2024, St. Peter & St. Paul's Church, Portlaoise @ 8.00 p.m.

Thursday 14th March 2024, Cathedral of the Assumption, Carlow @ 8.00 p.m.

Come and learn a new Mass setting suitable for all choirs. Admission is Free.

- **Portuguese Mass Portlaoise:**

The Brazilian Catholic community in Laois invites you and your family to join them for a

mass in Portuguese. The celebration will take place on Saturday, 16th March @ 7.30 p.m.,

St. Peter & St. Paul's Church, Portlaoise. All are welcome.

- **Chrism Mass:**

Bishop Denis invites you to join him for the celebration of the Chrism Mass. It will take

place in the Cathedral of the Assumption in Carlow on Monday, 25 March at 7:30 pm. At

this diocesan Mass, the holy oils are blessed and consecrated for use in parishes in the

coming year and the priests of the diocese renew their priestly promises. The diocesan

choir will lead us in singing, for the first time, the newly composed Mass of St Brigid by Fr Liam Lawton.

- **Solemn Novena to our Lady of Perpetual Help**

Takes place in St Peter & Pauls Church Monasterevin on Wednesday 20th, Thursday 21st and Friday 22nd of March from 7.30pm each evening. The theme of the novena is peace and everyone is welcome to attend.

- **Mental Health Peer-Support:**

Cycle Against Suicide is offering the opportunity to avail of online training in Mental Health Peer-Support. The training provided transcends traditional boundaries, breaks down the stigma associated with mental health discussions. The benefits are profound and far-reaching. Trained Peer-Supporters are attuned to subtle shifts in their community's wellbeing. This heightened awareness fosters a culture of genuine care and concern. No funding is necessary to do the training. It is offered free to volunteers in a community club, association or who are associated with any part of their community's safety, health and wellbeing in a drive to encourage people to take on this vital role for their own community and help bring Peer-Support to the heart of communities as a critical part of mental health awareness and suicide prevention.

Course: Cycle Against Suicide Mental Health Peer Support (Buddy) Training

Details: www.cycleagainstsucide.com/register-to-become-community-buddy/

Delivery: Online via Zoom

Time: 7-10pm on 4 evenings over 2 weeks

Option 1: March: Tues 12th, Thurs 14th & Tues 19th, Thurs 21st

Option 2: April: Mon 8th, Wed 10th & Mon 15th, Wed 17th

Option 3: May: Mon 13th, Wed 15th & Mon 20th, Wed 22nd

To Register: training@cycleagainstsucide.com or online
at www.cycleagainstsucide.com/register-to-become-community-buddy/

- **ACI Rewilding Faith Creating New Spaces for Faith Workshop**

A workshop to equip and encourage lay people to take leadership around their faith, and create spaces to nurture their faith and that of others. Takes place via Zoom on Thursday 14th March at 8.00 p.m. The workshop will draw on Active Hope process. Developed by US eco-philosopher Joanna Macy, and Scottish Mental Health Specialist, Dr Chris Johnstone, this reflective group process is intended to support people becoming active participants in bringing about what they hope for. Tickets cost €10, to sign up please visit <https://www.patriciahiggins.ie/event-details-registration/aci-rewilding-faith-creating-new-spaces-for-faith-workshop>